

**Experience Minnesota Via
The 19th Annual
Minnesota School Social Workers Association
Virtual Summer Institute
June 14-16, 2021**

**All Sessions Recorded and Viewable Post Conference for 30 Days!
(For Registered Attendees)**



**Practice Makes Perfect:
Advancing Our Skills, Ethics & Supporting
Student Challenges**



**Earn
Up To
15 CEUs!!**



**The 15 possible CEU's are comprised of:
10 Clinical CEU's, 2 Ethics CEU's & 3 Social Work CEU's**

www.msswa.org

CONFERENCE AGENDA

**All Sessions will take place via Zoom -
A link will be sent to you on June 11th for your session/s**

Monday, June 14, 2021 8:00 am - 3:30 pm	
8:00 am to 8:15 am	<i>Logon opens for: Welcome/Movie: Children's Mental Health: THE WHOLE STORY</i>
8:15 am to 8:30 am	Conference Welcome & Announcements
8:30 am to 10:30 am	Movie: Children's Mental Health: THE WHOLE STORY Film and Discussion to Follow: Danny Porter, MSW, LICSW <i>(2 Clinical CEU's)</i>
	Break
10:45 am to 11:00 am	<i>Logon opens for: Racial Inequity, Life with Coronavirus and the Impact on ACES</i>
11:00 am to 1:00 pm	Racial Inequity, Life with Coronavirus and the Impact on ACES: Charlene Myklebust, PsyD; Danny Porter, MSW, LICSW <i>(2 Ethics CEU's)</i>
	Break
1:15 pm to 1:30 pm	<i>Logon opens for: Effective Intervention Programming from Beginning to End for Students with Trauma and Social, Emotional and Behavioral Difficulties</i>
1:30 pm to 3:30 pm	Effective Intervention Programming from Beginning to End for Students with Trauma and Social, Emotional and Behavioral Difficulties: Dr. Clayton Cook; Megan Gruis, Ed.S., LSC <i>(2 Clinical CEU's)</i>
Tuesday, June 15, 2021 8:15 am - 3:15 pm	
8:15 am to 8:30 am	<i>Logon opens for: Utilizing the National Curriculum for Comprehensive School Mental Health to Support All Student</i>
8:30 am to 11:30 am	Utilizing the National Curriculum for Comprehensive School Mental Health to Support All Student: Mark Sander, PsyD; Cheryl Holm-Hansen, PhD <i>(3 Clinical CEU's)</i>
11:30 am to 12:00 pm	Extended Break
12:00 pm to 12:15 pm	<i>Logon opens for: Utilizing the National Curriculum for Comprehensive School Mental Health to Support All Students PM</i>
12:15 pm to 3:15 pm	Utilizing the National Curriculum for Comprehensive School Mental Health to Support All Student (Continued) <i>(3 Clinical CEU's)</i>
Wednesday, June 16, 2021 8:15 am - 12:00 pm	
8:15 am to 8:30 am	<i>Logon opens for: Tools for Tackling the Youth Vaping Epidemic</i>
8:30 am to 10:00 am	Tools for Tackling the Youth Vaping Epidemic: Kate Feuling Porter, MPH <i>(1.5 Social Work CEU's)</i>
10:00 am to 10:15 am	Break
10:15 am to 10:30 am	<i>Logon opens for: Music Therapy for Enhancement of Academic, Social and Emotional Well-Being</i>
10:30 am to 12:00 pm	Music Therapy for Enhancement of Academic, Social and Emotional Well-Being: Melissa Spiess, M.M., MT-BC; Megan Lakemacher, MT-BC, Neurologic Music Therapist <i>(1.5 Social Work CEU's)</i>

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Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Monday, June 14th, 2021
2 CEU's

8:30am to 10:30am "Children's Mental Health: The Whole Story"
Movie Viewing & Discussion



Children's Mental Health: The Whole Story is a Minnesota produced, documentary style training film about children's mental health and trauma. Narrated by a teen with mental illness, this film uses real stories from families and providers across multiple systems. It offers a down to earth and holistic look at challenges, strengths, and opportunities for intervention. It also talks about policy - what works and what is needed. Children's Mental Health: The Whole Story is a professional training designed for people who work with youth and families or for students/interns who plan to work with youth and families. It is also appropriate for those legislators, policy makers, and community leaders who work with large systems that impact the lives of youth and families.

(2 social work Clinical CEU available for attendees)



Dan Porter, MSW, LICSW is currently a District School Social Worker for Northeast Metro Intermediate School District 916 on special assignment to incorporate mental health initiatives district-wide along with community partnership and grant initiatives. Dan has more than 20 years of experience working with children, adolescents, and their families in public, residential, hospital, and day treatment programs. Additionally, he provides group and individual clinical supervision to social workers for the Profession Matrix. He received his Bachelor's Degree in Social Work and Sociology and his Master's Degree in Clinical Social Work. He also has a Director of Special Education License. Porter serves on the Executive Board for Minnesota School Social Workers Association (MSSWA), Board President for Minnesota Association for Children's Mental Health (MACMH), and has been appointed to the Subcommittee on

Children's Mental Health for the state of Minnesota. He has presented at numerous conferences throughout the country on topics such as supervision and ethics, strategies for supporting youth, promoting self-esteem, and school-based social skills programs. He was an examination item writer for the Association of Social Work Boards (ASWB,) and he has been published multiple times in the School Social Work Journal. Porter was named the 2012 Minnesota School Social Worker of the Year. Dan and his husband Tony are adoptive parents of two amazing boys with special needs.



Summer Institute Participants Will...



Learn about evidence-based interventions; Incorporate programs/practices learned into daily practice; Develop a network of colleagues that can support the implementation of evidence-based practice.

Please encourage your colleagues to attend! Content will be focused to support school social workers, but colleagues in the field will benefit as well!

19th Annual MSSWA Summer Institute

Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Featured Sessions

Monday, June 14th, 11:00am - 1:00pm

Racial Inequity, Life with Coronavirus and the Impact on ACEs

This presentation will provide a fundamental overview of ACEs and the layered burdens of racial inequality and disparate health care in the era of the Coronavirus. *This session meets the MN Board of Social Work's requirement of 2 accredited ethics content hours.*

Learning Objectives

- ⇒ Participants will become familiarized or re-familiarized with the risk factors associated with Adverse Childhood Experiences.
- ⇒ Participants will learn about the triggering of historical trauma that COVID-19 has exacerbated.
- ⇒ Participants will discuss and reflect upon the impact of racial injustice and white supremacy on communities of color and discuss potential remedies to reduce ACE's.



Dr. Charlene Myklebust, Psy.D. is President and an Educational Leadership Consultant with Professional Education Pal, LLC. She was a regular and special education teacher, care and treatment school administrator, mental and chemical health provider, and Executive Director of Mental Health and Partnerships in Intermediate District 287. Char co-authored the MDE teacher training series, "Early Warning Signs of Children's Mental Health Disorders." She was recognized for "Outstanding Service" by the Minnesota Association for Children's Mental Health (MACMH) and received the "Educator of the Year" award from the Minnesota Chapter of the National Alliance on Mental Illness (NAMI-MN). As a Goldie Hawn Foundation MindUP consultant, she contributed to the development of the curriculum. She also coordinates a grant through the Minnesota Department of Human Services called "The Minnesota School-based Diversion Model for Students with Co-occurring Disorders." This program is designed to dramatically reduce the school-to-prison pipeline phenomenon. Dr. Myklebust, on behalf of MACMH and MDE, has developed a tiered intervention model for supporting youth with mental health disorders in the schools. Char speaks at conferences about topics related to children's mental health; brain development; trauma; restorative justice and practices; Adverse Childhood Experiences; social emotional learning; and alternatives to suspension, expulsion, incarceration and punishment of youth.



Dan Porter, MSW, LICSW, is currently a District School Social Worker for Northeast Metro Intermediate School District 916 on special assignment to incorporate mental health initiatives district-wide along with community partnership and grant initiatives. Dan has more than 20 years of experience working with children, adolescents, and their families in public, residential, hospital, and day treatment programs. Additionally, he provides group and individual clinical supervision to social workers for the Profession Matrix. He received his Bachelor's Degree in Social Work and Sociology and his Master's Degree in Clinical Social Work. He also has a Director of Special Education License. Porter serves on the Executive Board for Minnesota School Social Workers Association (MSSWA), Board President for Minnesota Association for Children's Mental Health (MACMH), and has been appointed to the Subcommittee on Children's Mental Health for the state of Minnesota. He has presented at numerous conferences throughout the country on topics such as supervision and ethics, strategies for supporting youth, promoting self-esteem, and school-based social skills programs. He was an examination item writer for the Association of Social Work Boards (ASWB,) and he has been published multiple times in the School Social Work Journal. Porter was named the 2012 Minnesota School Social Worker of the Year. Dan and his husband Tony are adoptive parents of two amazing boys with special needs.



**All sessions are recorded and available to registered attendees post-conference for 30 days.
CEU's for all sessions will be provided with links to recorded sessions within a week post-conference.**



19th Annual MSSWA Summer Institute

Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Featured Sessions

Monday, June 14th, 1:30pm - 3:30pm

Effective Intervention Programming from Beginning to End for Students with Trauma and Social, Emotional and behavioral Difficulties

A one-size-fits-all approach to intervention programming for students with trauma and social, emotional, and behavioral difficulties (SEBD) results in limited success and is wasteful of educators precious time and resources. A much needed solution is necessary to improve intervention programming for students who exhibit social, emotional and behavioral challenges that serve as barriers to learning. This presentation will provide a solution and simplify intervention programming by coordinating the process from beginning to end: Match, Map, Monitor, and Meet. We start with ready-to-go interventions based on whether the students main problems of concern are due to a performance-deficit (won't do or lack of will) or acquisition-deficit (can't do or lack of skill). Each intervention is coupled with a step-by-step outline of the active ingredients, a progress monitoring tool that can be tailored case-by-case, and a fidelity checklist to track the degree to which the intervention is delivered as planned. *This session meets the MN Board of Social Work's requirement of 2 accredited clinical social work hours.*

Learning Objectives

- ⇒ Participants will learn a research-based approach to personalizing interventions to students with SEBD that has been shown to significantly increase the probability of achieving successful outcomes
- ⇒ Participants will learn about the comprehensive intervention process of matching, mapping, monitoring, and meeting
- ⇒ Participants will be provided with research and practical application steps to guide and support successful intervention implementation in their schools



Dr. Clayton R. Cook, is the John and Nancy Peyton Faculty Fellow in Child and Adolescent Wellbeing, Associate Director for Innovation and Research for the Center For Applied Research and Educational Improvement (CAREI) and Associate Professor in the School Psychology Program all at the University of Minnesota. Clay co-founded the School Mental Health Assessment, Research and Training (SMART) Center at the University of Washington and consults with school systems throughout the US to integrate a continuum of social, emotional, and behavioral supports.



Megan Gruis, Ed.S, LSC, has served in public education for 20 years as a paraprofessional, classroom facilitator, school counselor, administrative dean, interventionist and PBIS Coach. Throughout these experiences, she found a passion for training and coaching educators around the implementation of systems frameworks that enhance the social, emotional, and behavioral supports for students. She currently consults with schools and districts across the country around this vital work.

Save the Date!



20th Annual MSSWA Summer Institute
IN PERSON!
June 13-15, 2022



**Chase on the Lake Resort, on Leech Lake
in Walker, MN**

19th Annual MSSWA Summer Institute

Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Featured Sessions

Tuesday, June 15th, 8:30am - 3:15pm (with extended break from 11:30am-12:00pm)

Utilizing the National Curriculum for Comprehensive School Mental Health to Support All Students

Learn about how to support ALL students with their social emotional learning (SEL) and mental health needs by implementing the Comprehensive School Mental Health Systems Curriculum. Developed by the National Center for School Mental Health, this curriculum provides a roadmap for implementing a comprehensive approach to support the mental health and social emotional needs of all students. The presentation will provide an overview of the curriculum, demonstrate ways that the curriculum could benefit your students, and recommend strategies for getting started with the framework in your school.

Now more than ever it is critical that schools and school districts develop an effective and strategic plan to address the mental health and social emotional needs for their students. Every year more than 1 in 5 students have the symptoms of a mental health disorder and yet only about 20% get the care and support that they need to grow and thrive. There are numerous evidence based interventions and programs to support and enhance students' mental health but often schools, school districts and mental health providers don't know how to implement a comprehensive program that can address the needs of all students. Over the past 15 years, there has been tremendous growth in school mental health across MN with therapists in over 1100 schools. With this growth comes the opportunity to develop and expand Comprehensive School Mental Health Systems which integrate social emotional learning (SEL) interventions, practices, and programs with Multi-tiered Systems of Support (MTSS/PBIS) and school mental health supports. This presentation will outline a roadmap for how mental health providers and educational systems can more effectively partner to support students' wellbeing and educational growth by implementing this curriculum that helps schools support the whole child. This presentation will share the National Curriculum on "Comprehensive School Mental Health Systems" developed by the National Center for School Mental Health (NCSMH) and the Mental Health Technology Transfer Centers (MHTTC) funded by SAMHSA. This curriculum outlines the critical components of an effective school mental health program to meet the needs of all students. The presenters will discuss the curriculum and share examples of how to implement the curriculum in local schools and school districts. *This session helps meet the MN Board of Social Work's requirement of 6 Clinical Content Hours.*

Learning Objectives

- ⇒ Participant will be able to name the 8 components of the Comprehensive School Mental Health Curriculum
- ⇒ Participants will be able to develop more effective systems and programs to support the mental health and SEL needs of their students
- ⇒ Participants will have a strategic plan to guide them in meeting the mental health needs of students with tools to help them assess and monitor their progress.



Mark Sander, PsyD, Dr. Sander is the Co-Director of the Midwest Center for School Mental Health. He is also a Senior Clinical Psychologist for Hennepin County and the Director of School Mental Health for Hennepin County and the Minneapolis Public Schools. He is a Certified Master Training on the Adverse Childhood Experience Study and a Visiting Scholar at Wilder Research. He is also on the Advisory Board for the Center for School Mental Health at the University of Maryland School of Medicine and a Board Member for the MN Trauma Project. Dr. Sander has published journal articles and book chapters on school mental health and has presented extensively on school mental health and ACEs and developing trauma sensitive schools at local, state and national conferences



Cheryl Holm-Hansen, PhD, Dr. Holm-Hansen is the other Co-Director of the Midwest Center for School Mental Health. She is a community psychologist with 30 years of experience conducting community-based research related to children's mental health, including a primary focus on school-based mental health services. Dr. Holm-Hansen has conducted many evaluation and research projects designed to help schools, mental health providers, and local/state governments understand community needs, develop effective services, build stronger systems, and demonstrate impact. She previously served as a Senior Research Manager at Wilder Research for 21 years.

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Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Featured Sessions

Wednesday, June 16th, 8:30am - 10:00am

Tools for Tackling the Youth Vaping Epidemic

Communities are struggling to keep up as adolescent e-cigarette use grows at an alarming rate. Join us to learn how you can address the teen vaping epidemic. We'll discuss statewide trends in youth e-cigarette use including equity issues and mental health, the latest research on the health impacts of vaping, and evidence-based tools used to prevent vaping and assist students who have become addicted to nicotine. *This session helps meet the MN Board of Social Work's requirement of 1.5 Social Work Hours.*

Learning Objectives

- ⇒ Participants will be able to identify e-cigarette use trends among adults and adolescents, including how specific products are changing the e-cigarette landscape for youth
- ⇒ Participants will be able to describe the latest research on the health effects of vaping for youth
- ⇒ Participants will be able to describe evidence-based strategies to reduce tobacco use in youth, including cessation

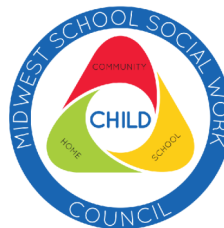


Kate Feuling Porter, MPH, is a Senior Program Manager at Twin Cities Medical Society, an organization dedicated to creating a healthy, equitable, and thriving state through engaging physicians and medical students, and other health professionals in community-driven public health initiatives. Kate works with health professionals in local communities to advocate for tobacco prevention policies, including vaping and e-cigarettes, and provides education and outreach with various clinics and other organizations.



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SAVE THE DATE!



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MSSWA 2021 VIRTUAL Fall/MIDWEST Conference - October 28-29, 2021

Online Via Zoom

MSSWA is hosting the 2021 MIDWEST School Social Work Council Conference this year! Join your MN school social work colleagues along with school social workers from across the Midwest region. To ensure safety for all during this ongoing COVID-19 pandemic, MSSWA has decided to hold this conference virtually. We hope to be able to meet in person again in 2022.

Registration will open soon!

19th Annual MSSWA Summer Institute

Practice Makes Perfect: Advancing Our Skills, Ethics and Supporting Student Challenges

Featured Sessions

Wednesday, June 16th, 10:30am - 12:00pm

Music Therapy for Enhancement of Academic, Social, and Emotional Well-Being

Music therapy provides an interdisciplinary tool for enhancement of academic, social, and emotional well-being for students throughout the continuum of schooling. This workshop will provide an overview of music therapy and the mechanisms that make it effective. We will outline how music therapy can be utilized to provide non-threatening fun, motivating, reinforcing, and effective treatment strategies for students of all ages and abilities. Music therapy has a long history of use as a related service under the Individuals with Disabilities Education Act (IDEA). Music therapy has been utilized as an integral component in addressing physical, cognitive, social, emotional, behavioral, communication, and sensorimotor Individualized Education Program (IEP) goals. Learn now music therapy can be utilized to help students of all ages understand, process, and come to terms with many of these complex challenges. *This session helps meet the MN Board of Social Work's requirement of 1.5 Social Work Hours.*

Learning Objectives

- ⇒ At the end of this workshop, participants will be able to identify training and credentials required to practice as a music therapist
- ⇒ At the end of this workshop, participants will be able to identify three mechanisms that facilitate the success of music therapy
- ⇒ At the end of this workshop, participants will be able to identify one evidence-based practice utilized with each age group: preschool, elementary, middle school, and high school



Melissa Spiess, M.M., MT-BC, a board-certified music therapist, founded Living Spirit Services, LLC in 2008. Melissa completed her music therapy equivalency degree in 2003 and Master of Music from Western Michigan University in 2006. She is a fellow in the Academy of Neurological Music Therapists. Melissa provided eight years of direct care for children and adults with special needs; and trained within pre-primary elementary, elementary, and high school settings in special education. She has presented locally and nationally on music therapy. Her practice specializes in music therapy services for children and adults with neurologic and developmental issues; and early childhood music.



Megan Lakemacher, MT-BC, Neurologic Music Therapist, is a board-certified music therapist (MT-BC) with Living Spirit Therapy Services, LLC. She received her music therapy equivalency from Augsburg University, and is working on her master's thesis on Family-Centered Music Therapy in Pediatric Hospitalization. She worked with multiple ages and cultural backgrounds as part of her 1,000 hour music therapy internship with St. Paul Public Schools and is passionate about working with children and their families. Her greatest desire is to see clients thrive in musical experiences by helping them recognize their value and abilities no matter what adversity or difficulties they may find in their lives.

THANK YOU FOR ATTENDING THE 2021 MSSWA VIRTUAL SUMMER INSTITUTE!



HAVE A GREAT SUMMER!!



Payment: Checks and Purchase orders must be made **payable to MSSWA**. **If your registration monies are not in receipt of the Registration Committee by June 7th, you will be expected to pay any outstanding balance upon arrival, and pay a late fee of \$35.00 NO EXCEPTIONS!**

Mail your registration and payment (*payable to MSSWA*) to:
Dan Porter/Tony Porter - 762 Meyer St N, Maplewood, MN 55119
1-612-803-2722 mplstonyjoel@gmail.com

A confirmation e-mail will be sent when registration is received.-Please make a COPY of this registration for your own records.

Minnesota School Social Work Association - Summer Institute 2021
EASY REGISTRATION ONLINE at WWW.MSSWA.ORG or Registration Form & Payment (print CLEARLY)

Name: _____ E-mail: _____
 Address: _____ City: _____
 State: _____ Zip: _____ Phone: _____ School District: _____

REGISTRATION CAN ALSO BE MADE ONLINE AT: <http://msswa.org/event-4157898>

Selection	Price	CONFERENCE FEES
	\$170	EARLY BIRD (By May 14th) Full Conference MSSWA Member (Includes up to 15 CEU's)
	\$235	EARLY BIRD (By May 14th) Full Conference <i>Non-Member</i> (Includes MSSWA Membership, & up to 15 CEU's)
	\$200	Full Conference MSSWA Member (Includes up to 15 CEU's)
	\$265	Full Conference <i>Non-Member</i> (Includes MSSWA Membership, & up to 15 CEU's)
	\$75	Full Conference <i>Student/ MSSWA Board Rate (Available until May 14th, 2021)</i> (must attach copy of school ID to registration) (Includes MSSWA Membership, & up to 15 CEU's)
	\$250	Related Service Professionals (Includes up to 15 CEU's - Does NOT include MSSWA Membership)
	\$35	LATE FEE - Assessed for ANY outstanding balance after June 7th
	\$ _____	TOTAL AMOUNT ENCLOSED ** (Early bird pricing not accepted unless payment is included with registration)**

Cancellation Policy:
 Conference registration fees minus a \$75 administration fee per registration will be refunded if cancellation is made in writing to mplstonyjoel@gmail.com by **June 1, 2021**, but registration can be transferred to another attendee at no cost. No refunds issued after June 1, 2021

