

Spring 2016 conference REGISTRATION FORM

	No Book	With Book
MSSWA Member Early Bird Rate (Postmarked by Mar 15th)	\$115	\$155
Non-Member Early Bird Rate (Includes MSSWA Membership, Postmarked by Mar 15th)	\$180	\$220
Non-Member Early Bird Rate (No MSSWA Membership, Post- marked by Mar 15th)	\$150	\$190
MSSWA Member Rate	\$130	\$170
Non-Member Rate (Includes MSSWA Membership)	\$195	\$235
Non-Member Rate (No MSSWA Membership)	\$165	\$205
Student Rate & Board Member Rate (Must include copy of school ID) Includes MSSWA Membership	\$50	\$90
After March 28th add \$25.00 late fee	\$25	
Total Enclosed	\$	

Payment must accompany registration or additional fees will apply. Make checks payable to: MSSWA
Please make sure name of attendee is on the actual check/PO.

Name _____

School _____

Address _____

City State Zip code _____

Email address _____

Daytime Phone _____

School District _____

Special Requests (hearing impaired, vegetarian meal, etc) _____

Keynote Presentation

Zones of Regulation

Leah Kuypers, M.A. Ed., OTR/L

About the Zones of Regulation

The Zones of Regulation is a framework and curriculum designed to foster skills in self-regulation, including emotional control, sensory regulation, and executive functions. It is a systematic, cognitive behavior approach that uses four colors to help students visually and verbally self-identify how they are functioning in the moment given their emotions and state of alertness. The model incorporates Social Thinking® concepts to help students use perspective taking, to identify how they are thinking and feeling, and understand how their thoughts and behavior impact those around them. Through using the curriculum individuals become more self-aware and learn tools they can use to regulate to a more expected state. The Zones of Regulation curriculum is published by Social Thinking Publishing (www.socialthinking.com). It can be used effectively in home, school, and clinical settings, as well as in conjunction with previously taught regulation strategies.

About the Presentation

The Zones of Regulation presentation provides school social workers, teachers, related service professionals, therapists and parents with hands-on knowledge on the nature of self-regulation and strategies for improving self-regulation and emotional control in individuals of all ages. The presentation addresses topics such as: the brain's involvement, typical development, sensory processing, emotional regulation, and executive functioning. Audience participants will learn an explicit, stair-stepped method and tools to guide students in utilizing The Zones framework across situations and environments to regulate sensory needs, impulses, and emotional states to social demands.

Visuals and student work samples are highlighted to illustrate numerous learning activities. A variety of tools (sensory supports, calming techniques, and thinking strategies) are explored to help students recognize their internal emotions, sensory needs, and thinking patterns in each zone, when shifting from one zone to another, and then to self-regulate within zones. Participants explore ideas on how to teach, when, why, and how to use tools effectively. The Zones of Regulation presentation also incorporates core concepts from Michelle Garcia Winner's Social Thinking® framework to help teach students about perspective taking so they better understand how being in the different zones impacts the thoughts and feelings of other people around them.

Learning Outcomes for Presentation

- Identify the sensory systems that impact regulation
- Describe sensory integration and its impact on modulation and regulation
- Outline executive functions that frequently impact self-regulation
- Define emotional regulation to include social cognition's role in emotional expression
- Reflect on the importance of using individual strategies to self-regulate
- Demonstrate insight into the Zones of Regulation's systematic way to teach students to self-regulate by:
 - Citing strategies to identify level of alertness in self and others
 - Describing how social and contextual cues are used to decipher expected display of emotions
 - Describe strategies to adjust level of alertness/emotional display to match the demands of the environment
- Identify ways to integrate the Zones into your social work practice and generalize skills across settings

\$\$ Group Discount Available \$\$
Bring your colleagues and related service staff!
- Register 5 and get 6th free -
Registrations must come in together. Once 6 are registered, and 5 paid for, contact Tony Porter at mplstonyjoel@gmail.com and the 6th will be coded/registered FREE!

MSSWA
Save the Date For...
MSSWA 2016 SUMMER INSTITUTE

New Exciting Location!!
June 20-22, 2016
Sugar Lake Lodge
37584 Otis Lane, Cohasset, MN 55721
**(Just over 3 hours from the Twin Cities,
near Grand Rapids, MN)**

SPRING CONFERENCE
Monday, April 11, 2016 *Agenda*



"YOU'RE IN THE ZONE - ZONES OF REGULATION FOR SCHOOL SOCIAL WORKERS"

Registration & Coffee
8:15-8:30am

8:30-11:15 Keynote Presentation:
Leah Kuypers, M.A. Ed., OTR/L
Zones of Regulation

11:15-12:00 Lunch (Included) & Announcement:
Don Rinkenberger Scholarship
Winners & New MSSWA Officers

12:00-12:30 Vendor/Exhibitor Exploration

12:30-2:30 Keynote Presentation:
Advanced Practice

2:30-2:45 Break/Vendor & Exhibitor Exploration

2:45-4:30 Keynote Presentation:
Advanced Practice

4:30 *CEU's available with completed evaluation*

6.5 CEU hours have been approved by the MN Board of Social Work & MN Board of Psychology.

CEU's will also be available for:

- Board of Teaching
- Speech/Language Pathologists and Audiologists
- Occupational Therapist Practitioners and Assistants



HOTEL & CONFERENCE
Information

Conference Information

TIES Event Center
Grand Hall, 2nd Floor
1644 Larpenteur Ave W • St. Paul, MN 55108
(On Southwest corner of Snelling Avenue
and Larpenteur Avenue)

Hotel Information

Radisson Hotel Roseville
2540 Cleveland Avenue North, Roseville, MN 56113
Phone: 1 (866) 444-6835

Contact: Radisson directly at (800) 333-3333 and ask for the MSSWA Group room rate of \$99+tax. Reservations must be made by 3/30/16 to guarantee group rate. (*Free shuttle to TIES Center*)

Conference Questions?

Contact: Tony Porter
612-803-2722
mplstonyjoel@gmail.com
or
Dan Porter
Danporter@msn.com
www.msswa.org

NEW! Register Online! Go to:
<http://msswa.wildapricot.org/events>

Registration & Payment

Send Registration & Payment to:

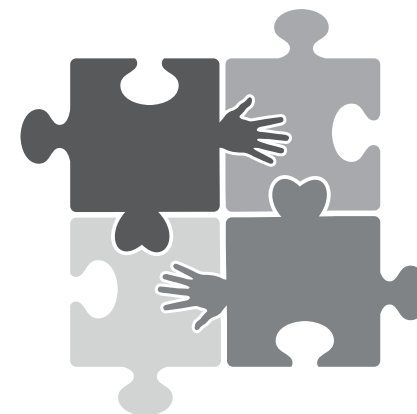
Attn: Tony Porter/Dan Porter
762 Meyer St N
Maplewood, MN 55119
phone 612-803-2722
e-mail: mplstonyjoel@gmail.com

Please note that if payment is not received by time of check in at conference, payment by cash or check (PLUS LATE FEE) at door is required.

MSSWA 

MINNESOTA SCHOOL SOCIAL WORKERS ASSOCIATION
2016 *Spring Conference*
Earn 6.5 CEU's

"YOU'RE IN THE ZONE -



ZONES OF REGULATION FOR SCHOOL SOCIAL WORKERS"

Monday April 11, 2016
8:15 AM - 4:30 PM



This promises to be one of the *best* spring conferences!
We will have vendors and exhibitors!
TIES EVENT CENTER
1644 Larpenteur Ave W | St. Paul, MN 55108